



Important Instructions Regarding Your Medications:

Always consult with your doctor. Never stop taking any medications without consulting with your doctor first, as they can advise you on the best course of action based on your individual medical history.

Remember to inform our staff if you have any significant medical problems (i.e. diabetes, heart disease) or if you require antibiotic pre-medication before your procedure (patients with artificial heart valves or joint replacement). In addition, please inform our team if you are taking blood thinners (anticoagulants) such as Coumadin, Plavix, Aspirin, or if you are taking insulin, as it may be necessary to modify your dosages prior to treatment. Many medications that are used to increase bone density such as Fosomax and Boniva may also interfere with healing and our team should be informed if you are taking these medications. Unless otherwise told, take all routine prescribed medication as normal.

1. Blood pressure: if you are on medications for blood pressure, thyroid, or seizures, make sure you take your medications at the usual time with a small sip of water on the day of surgery.
2. Diabetes medication: if you are diabetic, schedule an early morning appointment and consult with your doctor on adjusting your diabetes medication 1 week prior to your scheduled surgery.
3. If you have kidney or liver disease, or we request you send us any labs work, please make sure we receive your labs a few days prior to your surgery so your procedure proceeds as scheduled without delays.
4. Blood thinners: if you are on prescription blood thinners, such as Aspirin/Plavix/Coumadin etc. discuss with your doctor when and how to stop/adjust your dosage before surgery. Stop medications like Ibuprofen (Advil, Motrin), Naproxen (Aleve), and other nonsteroidal anti-inflammatory drugs (NSAIDs) for at least 1 week prior to your procedure, as they can increase the risk of bleeding during and after surgery.
5. Stop ALL weight loss medications such as Ozempic, Wegovy, Mounjaro, and Adipex(Phentermine) need to be stopped at least 1 week prior to your surgery.
6. Stop all vitamins including herbal supplements. Some herbal supplements like garlic, ginger, ginkgo biloba, and vitamins can also interfere with blood clotting and increase your bleeding. Stop these medications 1 week prior to your surgery.
7. If you are asthmatic, you must bring your inhaler with you for surgery.
8. If you usually carry an EpiPen, please bring this with you on the day of your procedure.

See back for detailed medication list.

For any questions or concerns call (571) 291-3244.

Aspirin and NSAIDs (Non-Steroidal Anti-Inflammatory Drug) can cause prolonged bleeding in normal individuals. Therefore, we recommend that you **discontinue all Aspirin and NSAID products once Prescribing Doctor Approves at least 1 week prior to surgery**. If you must take something for headache, menstrual cramps, or other aches and pains, you may take TYLENOL products (as directed) during the week prior to surgery.

***** THIS LIST IS NOT ALL INCLUSIVE; IF YOU HAVE A QUESTION REGARDING A CERTAIN MEDICATION, PLEASE CONTACT YOUR DOCTOR OR PHARMACIST *****

ANTICOAGULANTS:

Eliquis/Apixaban
Arixtra/Fondaparinux
Brilinta
Coumadin/Warfarin
Xarelto/Rivaroxaban
Heparin
Lovenox/Enoxaparin
Plavix/Dabigatran
Ticlid/Ticlopidine
Pradaxa/Dabigatran

GENERAL ANESTHESIA ONLY

DIABETIC MEDICATIONS:

Ozempic/Wegovy (Semaglutide)
Mounjaro
Trulicity (Dulaglutide)
Victoza/Saxenda (Liraglutide)
Adipex (Phentermine)

ASA (Aspirin):

Alka seltzer	Ecotrin
Aggrenox	Empirin
Anacin	Equagesic
Ascription	Excedrin
Aspirin (all products)	Feldene
Bayer (all products)	Fiorinal
BC powders	Momentum
Buffadyne	Norgesic
Bufferin	Pamprin
Butalbital	Percodan
Cama-Inlay tablets	Persantine
Cope/Ribavirin	Robaxisal
Coricidin	Salicylate
Daypro	Triagesic
Dipyridamole	Goody's pain reliever
	Vanquish

NSAIDS:

Advil
Aleve
Midol
Motrin
Ibuprofen
Anaprox
Celebrex/celecoxib
Clinoril/Sulindac
Diflunisal
Dolobid
Etodolac
Indocin/indomethacin
Naproxen
Mobic/Meloxicam
Toradol/Ketorolac
Naprosyn
Voltaren/Diclofenac
Relafen
Salsalate
Tolectin

VITAMINS &

SUPPLEMENTS:

Herbal supplements
Prenatal vitamins
Multivitamins
Vitamin E
Fish Oil
Ginko Biloba
St. John's Wort
Ginger
Ginseng
Feverfew
Echinacea
Saw palmetto
Valerian
Garlic