



General Anesthesia Pre-Operative Surgical Instructions

1. Any patient under the age of 18 must be accompanied by a parent or guardian at the time of surgery.
2. A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
3. Plan to rest after the surgery. The patient should not drive a vehicle, operate any machinery or make important decisions for 24 hours following Intravenous Anesthesia.
4. The use of alcohol or recreational drugs can have an adverse effect on the anesthesia medication that we use; please discontinue any use for at least 72 hours prior to surgery.
5. No smoking for at least 12 hours prior to surgery. Ideally, cut down or stop smoking as soon as possible before the day of surgery.
6. Contact lenses, jewelry and dentures must be removed before surgery.
7. Do not wear lipstick, excessive makeup, or nail polish/acrylic nails for the surgery.
8. Please wear loose-fitting clothes with sleeves that can be rolled up past the elbow, and low-heeled shoes.
9. Take all your regular medication(s) with a sip of water, unless you are instructed otherwise by the doctor in this office or your primary medical doctor.
10. You may not have anything to eat or drink for at least 8 hours prior to surgery. For morning surgery – no food or liquids after midnight on the night before surgery.
11. If you are asthmatic, you must bring your inhaler with you for surgery.
12. If you usually carry an EpiPen, please bring this with you on the day of your procedure.
13. If you are diabetic, please check your blood sugar on the day of surgery and inform us of the results at your appointment.
14. If you feel ill, such as sore throat, upset stomach, or cold symptoms please notify us.
15. If for any reason you are unable to keep your scheduled surgery appointment, we require a cancellation notice of at least 48 hours prior.
16. Female patients: some antibiotics may interfere with the effectiveness of birth control, please check with your pharmacist.

For any questions or concerns call (571) 291-3244.