

Shockwave Therapy

This cutting-edge treatment utilizes sound waves to relieve pain and improve overall function.

How does Shockwave Therapy work?

Shockwave Therapy is a non-invasive, non-surgical approach to pain relief that utilizes high-energy sound waves to stimulate the body's natural healing processes. During a typical treatment session, a handheld device is used to deliver sound waves directly to the affected area. These waves penetrate deep into the tissue, stimulating cell growth, breaking up scar tissue, encouraging growth and healing factors, and promoting the formation of new blood vessels, which helps to reduce inflammation and speed up the healing process.

One of the biggest advantages of Shockwave Therapy is its ability to produce long-lasting results without the need for invasive surgery or prescription medications. Most patients experience significant pain relief after just a few sessions, with many reporting a complete resolution of symptoms over a short amount of time.



Shockwave therapy uses have grown in number since this treatment was invented more than 50 years ago, and researchers continue to discover new ways to use low-energy shockwaves to help patients deal with pain and regenerate tissue.



Clinically Proven Benefits

- Increases circulation around injured soft tissues
- Breaks down calcified deposits
- Stimulates cells that generate new bone tissue and connective tissue
- Reduces pain
- Breaks up scar tissue
- Helps promote the formation of new blood vessels



Symptoms Addressed

- Chronic pain
- Plantar fasciitis
- Tendonitis
- Tennis elbow
- Golfer's elbow
- Shoulder impingements
- Jumper's knee
- Runner's knee