

## **Ozone Therapy**

This non-invasive technique helps to treat issues with balance and spatial orientation.

## How does Ozone Therapy work?

Ozone therapy is the administration of a small dose of medical grade ozone gas into the body. It can be administered via the veins, rectum, vagina, ears, skin, or other safe places. Ozone is a gas composed of three oxygen atoms (O3), a close relationship to oxygen (O2). Unlike oxygen, ozone is extremely unstable because that extra oxygen atom wants to break off and combine with other molecules; a process called oxidation. For this reason, it can effectively bind to toxins in the body so that they can be flushed via detox pathways.

Ozone therapy is used as a method to improve overall quality of life. In addition to treating medical issues and enhancing athletic performance, people often use it to help mediate oxidative stress — which may be helpful in preventing disease and improving cognitive function.



Ozone therapy is commonly used among professional sports including soccer, NFL, NBA, CrossFit, UFC, cycling, and more. It is said to increase stamina, endurance, and VO2 Max.



## Clinically Proven Benefits

- Increases production of antioxidants
- Improves mental clarity & cognition
- Anti-inflammatory
- Supports healthy and strong immune system response
- Improves diabetes symptoms
- Treats and disinfects wounds
- Boosts energy



## Symptoms Addressed

- Autoimmune conditions
- Infections
- Gut disorders (IBS)
- Mold toxicity
- Lyme disease
- Leaky gut syndrome
- Chronic fatigue
- Ear infections