

Myopia Management

At
Coal Creek
Family Vision



Peripheral Defocus Contacts

Peripheral defocus contact lenses should be worn every day for optimal myopia treatment. All lenses have a specific replacement schedule indicating when they should be thrown away.

Depending on the brand prescribed; your child's lenses should be disposed of after 1 day or 1 month of wear.

How long does it take for vision to be corrected?

Correction occurs immediately with soft peripheral defocus lenses

There may be a short period of adaptation and your child may notice a slight decrease in clarity of vision compared to glasses.

What are the risks associated with orthokeratology?

The possible risks with contact lens wear include eye irritation and infection. Risks of eye infections are minimized through proper wear and care. This includes cleaning lenses and throwing them away as prescribed. In addition, avoid showering, sleeping and swimming with extended use lenses. Contact lenses should never come into contact with water to avoid a serious infection and possible loss of vision.

If your child ever experiences pain, discharge, or severe redness of the eye, remove the lenses immediately and contact our office.

How should I care for the lenses?

Proper wear and care includes cleaning lenses daily with the prescribed cleaning solution and never exposing the lenses to water.

Place the contact lens in the palm of your hand and apply a few drops of the prescribed cleaning solution. Gently rub the lens with the solution being careful not to apply too much pressure. Rinse the lens with the prescribed solution. Fresh solution must be used each time the lenses are stored. After filling your case with the fresh solution in the, store you lenses in the case each night.

Once your lenses are removed form the case in the morning, discard the used solution and allow the case to air-dry upside down or open. The case should be replaced with each new bottle of solution. This should be done about every 3 months during your quarterly appointments.

Your doctor prescribed the following cleaning solution:

☐ None - Daily Use ☐ Opti-Free ☐ Clear Care ☐ Other: _____