

Tuesday's Children Hosts Annual Benefit

Tuesday's Children, a national non-profit organization that provides support and services for families impacted by terrorism, military conflict and mass violence for over 20 years, will host its annual Plandome Benefit to honor the Plandome Fire Department and local doctors who are also U.S. military veterans, Dr. Navin Arora and Dr. Sylvia Arora. The event will take place on Tuesday, March 28 at 6:30 p.m. at the Plandome Country Club.

Tuesday's Children provides lifelong services for families who have been affected by terrorism, military conflict, mass violence and all those impacted by Tuesday, September 11th. The nonprofit's programs address the needs of families at all stages of recovery from trauma and loss by providing trauma and grief support, youth mentoring, mental health and wellness programs, parenting advisement, youth leadership development, community-based family engagement events and volunteer opportunities.

"Tuesday's Children is honored to recognize all of these incredible honorees who not only continue to volunteer their time to serve their communities but also support families impacted by tragedy. We congratulate Dr. Navin Arora, Dr. Sylvia Arora, and the Plandome Volunteer Fire Department for such a well-deserved



Dr. Navin Arora and Dr. Sylvia Arora

(Photo by Tuesday's Children)

recognition, and we look forward to further collaborations on behalf of all of our Tuesday's Children families," said Terry Sears, Executive Director of Tuesday's Children. Both Drs. Navin and Sylvia Arora's experience in the military gives them a special perspective on the impact of violence and war. They understand how devastating

it can be for children and family members.

"As a US Army veteran, I understand the importance of supporting family members who have been affected by military conflict and other senseless violence. I join Tuesday's Children in supporting their mission of giving back to the families of fallen service men and women, many of

which are fellow Long Islanders," said Dr. Navin Arora.

Dr. Navin Arora is a native New Yorker and the founder of Borealis Dermatology. He proudly served as an Army physician for twelve years providing care at various Department of Defense (DOD) facilities around the world including Egypt's Sinai Peninsula and Baghdad, Iraq. Dr. Arora has extensive experience treating patients of all races in different regions around the world. He is still involved with veteran's affairs and is a proud member of the American Legion, Post 304 in Manhasset.

Dr. Sylvia Arora served in the military for over thirteen years with the Navy and four years in the Army. She deployed to Iraq with the 44th Medical Brigade where she took on leadership roles and trained medical students, residents and PAs. She received the Army Outstanding Young Pediatrician of the Year Award for providing excellent care. She currently works for a nonprofit that supports the NYC DOH, Office of School Health and is also a member of the American Legion and the American Legion Auxiliary, Post 304 in Manhasset. The event includes a dinner with cocktails. Tickets, advertising and sponsorship opportunities are available at, <https://www.tuesdayschildren.org/event/2023-plandome-benefit/>.

—Submitted by Tuesday's Children