

Desert Dermatology

Wound Care

ED and C

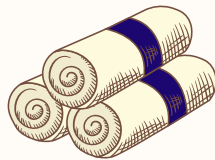
Wash

1



Use a gentle soap and water to wash your wound. It is now OK to get the stitches wet in the shower, but avoid swimming, hot tubs, or baths until suture removal.

2



Dry

Dry the wound thoroughly with a clean, soft cloth by blotting.

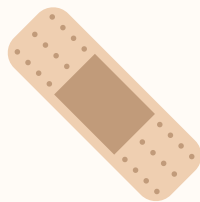
3



Apply Vaseline

Apply a thick layer of over-the-counter petroleum jelly/Vaseline with a cotton swab. Do not use Antibiotic ointment.

4



Cover

Cover the wound with a clean bandage.

Signs of Infection are: Increased pain, swelling, redness or yellowish drainage several days after procedure. If any of these signs appear, please call the office at (520) 771-0288.