



## Bubbles & Blocks Summer Menu 2023 (July, August, September)

7/28/23

	Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST		(7/3, 7/31, 8/28, 9/25)	(7/4, 8/1, 8/29, 9/26)	(7/5, 8/2, 8/30, 9/27)	(7/6, 8/3, 8/31, 9/28)	(7/7, 8/4, 9/1, 9/29)
	Grain/Meat Alt	Toasted O's / BBs=Omelets	Pancakes w/ syrup	English Muffin w/ Butter	Corn Flakes/Frosted flakes	Waffles w/ syrup
	Fruit/Veggie	Peaches	Applesauce/Apples	Grapes	Pears	Cantaloupe
		Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Black Bean Sloppy Joe's	Creamy Dill Chicken	Ham and cheese roll ups	Cuban Pork	Turkey Tacos
LUNCH	Grain	Wg Bun	WG Bread	WG Tortillas	Wg Rolls	WG Tortilla
	Veggie	Cheesy Broccoli	Green Beans	Carrot/Celery	Cucumbers w ranch	Southwest Corn
PM SNACK	Fruit/Veggie Milk	Pineapple Milk	RH Tropic Fruit Milk	Peaches Milk	Banana Milk	Applesauce Milk
	Fruit/Veggie/Meat Alt.	Pears	Banana	Yogurt	Pineapple	Peaches
	Grain	Vanilla Bears	Cheddar Goldfish	Wheat Thin (Graham cracker 1-2		
				sub)	toasted oats)	
	Week 2	(7/10, 8/7, 9/4)	(7/11, 8/8, 9/5)	(7/12, 8/9, 9/6)	(7/13, 8/10, 9/7)	(7/14, 8/11, 9/8)
BREAKFAST	Grain/Meat Alt	Crisp Rice/ BBs=Sausage patty	Toast w/ butter	Bagel w Jam	Bran Flakes/BBs=Pop-Tarts	Pancakes w/ Syrup
	Fruit/Veggie	Grapes	Mandarins	Peaches	Cinnamon Sliced Apples	Tropic Fruit
	Truit/veggie	Milk	Milk	Milk	Milk	Milk
LUNCH						
	Meat/Meat Alternate  Crain	Mac and cheese	Unstuffed Peppers	Caesar Chicken Salad	DIY Pizza	Chicken Nugs
	Grain	Wg elbow noodles	Wg Roll	WW Tortilla	Wg English Muffin	Wg Breading  Duante Conductor
	Veggie Erwit/Magaio	Peas	Broccoli	Lettuce salad/Cukes for 1-2s	Green Beans  Poschoo	Brown Sugar Cooked carrots
	Fruit/Veggie	Watermelon Na:112	Banana Na:112	Grapes	Peaches	Pear Na:112
		Milk	Milk Clicad apples	Milk	Cattaga Chassa	Milk Luico Dovoc/ Hardboiled oggs for
SNACK	Fruit/Veggie/Meat Alt.	Banana	Sliced apples	Pear	Cottage Cheese	Juice Boxes/ Hardboiled eggs for
SNACK	Cucin					Dutton Crockers
	Grain	Cheez its	String Cheese	Chex Mix (7/10, 0/17)	Bug Bites	Butter Crackers
	Week 3	(7/17, 8/14, 9/11)	(7/18, 8/15, 9/12)	(7/19, 8/16, 9/13) Crice Diec/DDe Characa Oraclet	(7/20, 8/17, 9/14)	(7/21, 8/18, 9/15)
BREAKFAST LUNCH	Grain/Meat Alt  Erwit/Meatic	Toast w butter	Waffle w syrup	Crisp Rice/BBs=Cheese Omelet		Corn Puffs/BBs= Granola Bars  DH Tropical Fruit
	Fruit/Veggie	Applesauce/Apples  Milk	Peaches Milk	Pears Milk	Mandarin Milk	RH Tropical Fruit Milk
	Meat/Meat Alternate	Refried Bean and Cheese Burrito		Turkey and cheese sammies	Chicken, Bacon, Ranch Pasta	
	Grain	WG Tortilla	WG Rolls	WG Bread	WG Penne Noodles	WG Bagels
		Lettuce/Tomato	Sesame Broccoli	Carrots/Celery	Corn	Cucumbers w Ranch
	Veggie Fruit/Veggie	Watermelon	Mandarins	Peaches	Cantaloupe	Bananas
	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veggie/Meat Alt.	Cottage Cheese	Juice boxes/Hardboiled eggs for		Yogurt	Applesauce/Apples
	riuit/veggie/ivicatiAit.	Cottage Cricese	H.S.	Darraria	roguit	Applesauce/Apples
SNACK	Grain	Saltines	Cheez its	Vanilla Bears	Cheddar Goldfish	Snack Mix
	GIAIII	Saitilles	CHEEZ ILS	vaiiiia beats	Circulai Goldiisii	SHACK IVIIX
	Week 4	(7/24, 8/21, 9/18)	(7/25, 8/22, 9/19)	(7/26, 8/23, 9/20)	(7/27, 8/24, 9/21)	(7/28, 8/25, 9/22)
BREAKFAST				Toasted O's/BBs=Donut holes	Toast w/ butter	Corn Flakes/ BBs= French toast
	Grain/Meat Alt	Hard Boiled Egg	Pancakes w/ syrup	IDASIEU O S/DDS—DUIIUL IIDIES	TUAST W/ DUTTET	com Flakes/ BBs = French toast sticks
	Fruit/Veggie	Pears	Cantaloupe	Applesauce/Apples	Mandarin	RH Tropical Fruit
LUNCH	Truit/veggie	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Alfredo Pasta	Chicken Patties	Cowboy Caviar / BBS= TURKEY	Beef Fritters	Hawaiin Chicken
	Grain	Wg Penne Noodle	Wg Breading	HOTDOGS WG Tortillas/hotdog buns	WG Breading	WG Bread
	Veggie	Peas	Seasoned Carrots	Tater tots	Cauliflower	Green Bean
	Fruit/Veggie	Sliced Apples	Banana	Grapes	Pineapple	Watermelon
	Milk	Milk	Milk	Milk	Milk	Milk
SNACK	Fruit/Veggie/Meat Alt.	Banana	Cottage Cheese	Juice Boxes/ Hardboiled eggs	Yogurt	Peaches
				for HS		
	Grain	Cheddar Goldfish	Sun Chips (saltines for 1-2)	Butter Crackers	Bug Bites	Giant Goldfish
	OTATI	CITCUGUI GUIGIISII	Jan Chips (Jantines 101 1-Z)	Dutter Cluckers	Dug Ditcs	Giant Goldingii