

Extractions

After Treatment

Some bleeding is to be expected the first 24 hours. Bite firmly on a gauze pad until bleeding stops, usually about one to two hours. If persistent bleeding occurs, continue biting on gauze pad or a wet tea bag for one-half hour. If bleeding is severe, call the office.

For remainder of day, eat only soft, cool foods. No hot liquids. No spicy foods.

Do not drink from a straw for 24 hours.

For the remainder of the day no smoking or alcoholic beverages. These substances can cause excessive bleeding or a secondary bone infection known as dry socket.

Do not try to rinse out your mouth or spit forcefully for remainder of day. Beginning tomorrow, rinse mouth after meals with a solution of 1/4 teaspoon salt in 8 ounces (1 cup) water. Continue for two days.

Take medications as prescribed. Ibuprofen, (Advil or Motrin) may be all you need for pain. You may double the labeled dosage of ibuprofen if necessary. If pain persists fill the prescription given at time of surgery or call for a prescription medication. If an antibiotic was prescribed, take as directed until it is all used up.

Small bone fragments some times work up through the gum during the healing process. This is not part of the tooth and is a normal occurrence. If this causes any problems, call the office.