

## "Just for Kids" Fluoride Gel

"Just for Kids" fluoride gel has been recommended for your child to aid in the prevention of dental caries (cavities).

## **DIRECTIONS**

- At bedtime: apply a thin smear after brushing teeth with regular toothpaste
- Apply the gel to your child's teeth by brushing thoroughly
- Allow the gel to remain on your child's teeth and have them spit out any excess
- If your child cannot spit, wipe the excess away with a dry wash cloth
- Encourage your child not to swallow the gel
- Do not eat or drink for 30 minutes after applying gel
- The gel may cause superficial tooth staining (this is not harmful or permanent and can be removed with a dental cleaning)

As with any medication, keep out of reach of children - an adult should dispense and apply the gel.

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